



UNIVERSAL SENIORS SOCIAL SERVICES UGANDA (USSSU)

MONTHLY REPORT – SEPTEMBER - 2024

Introduction:

This month, we carried out several activities, including monitoring vegetable gardens, visiting the sick, providing food support to the two most needy homes, offering counsel and guidance, and networking.

Vegetable Gardens: To improve nutrition among our clients, vegetable seeds were distributed. I am pleased to report the positive outcomes:

- Some gardens are ready for harvesting.
- As Ggobe grows quickly, we agreed to consume as much as possible and sell some to meet other basic needs and buy morjee seeds for replanting during the ongoing rainy season.

All recipients planted the seeds, and here are some pictures showing their progress:

Wife of Mzee John Wekoye, picking vegetables from seeds distributed by USSSU.



Jessica

Khayinza - client





Daughter-in law (care taker) to Margaret Namarome

Daughter (caretaker)to Nekesa Keziah



Daughter(caretaker)to Nambuba Yoanina



Visiting the sick:



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Among the sick visited is Nandeke **Nandeke** is improving, though still on crutches. We her quick recovery, and I encouraged her to exercising slightly around the home as advised doctor.

Mzee Wetoore John: Despite body pain he looks much better. His family has taken him, and he is grateful for their support. His hygiene and environment are very neat. He is condition compared to some older persons struggle with self-care.

Mzee Wandobere: On 26th October 2024, I in much pain due to chest pain, cough, and affecting his appetite and leading to weakness. away the following day, and was buried on October 2024. I thank the Almighty for Edward to meet Jesus in his last days. Earlier USSSU intervened with medical and food and through this ministry, he accepted Jesus as his Lord and Savior. He even attended church after many years to make a public confession, which excited the congregation. At his passing, noticeable improvements were recorded by himself and his family.

Grandchild to John Wetoore helping cut off nail



this month
Tolita: She prayed for keep by the

complaints, good care of personal in better who

found him fever, He passed 27th allowing this year, support,

Below was our journey with the late Edward (RIP)



Counseling and Guidance: I commend the

work USSSU is doing among our seniors. Counseling and guidance are ongoing, depending on individual needs. Both clients and caregivers require counsel, and it is one of the activities I engage in during field visits.

Food Support: We work with poor and needy seniors, and their needs vary. The most needy homes, such as Wekwanya John and Nekesa Keziah, receive additional support in terms of food and medication from petty cash funds.

Networking and Collaboration: As we prepare for our medical camp on 11th December 2024, I met with the DHO, who is very supportive and ready to work with his team at the intended facility. I also met the facility in-charge, Dr. Mutto Paul, who is very welcoming. He mentioned they are waiting for instructions from district heads.

Suggestions:

- Considering the excitement about vegetable gardening, this activity should continue as long as the weather is favorable. It is affordable, yields quick results, keeps members active, and provides additional income.
- The two identified neediest older persons should receive extra support in terms of food and medication.
- Marking International Older Persons' Day (IDOP) on 1st October should be an ongoing activity to raise awareness about the rights and responsibilities of older persons and garner support from stakeholders.

I express my gratitude to the USSSU Board for their support in bringing hope to our aging community. I request that members visiting in December take some time to visit the homes where work is being carried out.

Thanks, Reported by: Nabitiri Beatrice, Program Coordinator.